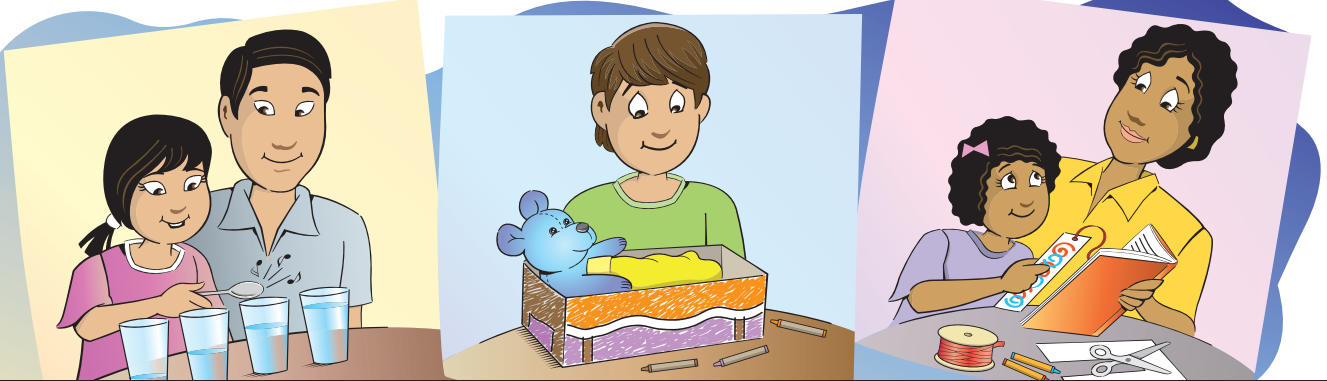


Daily Learning Planner

Ideas parents can use to help children
prepare for school.

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THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Children Prepare for School—Try a New Idea Every Day!

- 1. Draw pictures with your child of a special day you spent together over the summer.
- 2. Tell your child that you love her! Cut out some paper hearts together.
- 3. Put on some lively music and get moving with your child!
- 4. Let your child pick out some school supplies today, whether he is starting school or not.
- 5. Put three spoons on a table. Ask your child to give you “just one.” If she can do this, ask for “just two.”
- 6. In the morning, help your child select five of his favorite books. Read them all throughout the day.
- 7. Practice hopping, skipping and jumping together.
- 8. Talk about the words *fall* and *autumn*. Make sure your child knows they are the same season.
- 9. Cut an apple in half crosswise. What shape can your child see? (A star.)
- 10. Drink breakfast! Blend fruit, fruit juice and yogurt to make smoothies.
- 11. Pretend you and your child have a magic carpet. Where would you fly? What would you see?
- 12. Plan a visit to your nearest farmers’ market or grocery store. Let your child choose an orange vegetable to try.
- 13. Eat by candlelight. Supervise carefully. Talk about the days before electric lights.
- 14. Mix dry beans and dry pasta in a bowl. Ask your child to sort them.
- 15. With your child, take flowers to an elderly or sick neighbor or friend. Paper flowers would be nice, too.
- 16. Give your child a message in “code.” Draw an eye, a heart and a letter U.
- 17. Ask your child to find five *hard* things and five *soft* things.
- 18. Talk about where animals live. Which animals would your child expect to see in the jungle? How about the woods?
- 19. Set a goal to read at least three short books together today.
- 20. Plant a fall flower, such as a mum, with your child. Or plant bulbs that will come up in the spring.
- 21. Help your child write a letter to a loved one.
- 22. Give your child a magazine and safety scissors and have her cut out pictures of *living* things.
- 23. Teach your child a new shape. If he knows the basics, try *octagon*. A stop sign is an example of an octagon.
- 24. Have your child practice her full name, address and phone number.
- 25. Plan a visit to a local museum or park. Write it on your calendar.
- 26. Go to the library. Help your child pick out a book on a subject you don’t usually read about.
- 27. Have your child make a collage of pictures of living things.
- 28. Talk about what you can see in the sky. What can your child name?
- 29. Children like to wear things they’ve made. Together, try decorating a plain T-shirt with fabric paint.
- 30. Look at a calendar together. What month is it? What is next month?



Helping Children Learn®

Tips Families Can Use to Help Children Do Better in School

